Relationship Between Family Technoference and Behavior Problems in Children Aged 4–5 Years

# Details

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## Topics

## Sample

153 parents of 4-to-5-year-old children in Sweden.

## Implications For Parents About

Other

## Other Parent Implication

Impact of parents' digital media use on child behavior problems

## Implications For Educators About

Other

## Implications For Stakeholders About

## Other Stakeholder Implication

Family and child welfare professionals

# Abstract

Digital media (DM) is omnipresent in society today and impacts every aspect of our life. Previous studies have shown DM to cause problems in interpersonal relationships by creating problematic interruptions in interactions, this has been termed technoference. The current study focuses on parents self-rated perceived technoference and the rated behavior of their 4- to 5-year-old children. Parents (N = 153) filled out an online questionnaire regarding family DM use and technoference as well as questions regarding their childs behavior. Parents rated the level of technoference caused by their own use of DM as well as the rate of technoference caused by the childs use of DM. Parents were also asked questions regarding their own possible problematic cell phone use. The findings reveal a statistically significant contribution of technoference, caused by the parents use of DM, to the behavior repertoire of the children.

# Outcome

"This study shows that parent perceived technoference, triggered by the parent's use of DM, is associated with an increase in reported internalized and externalized child behavior problems." (Authors, 374)