Internet Addiction and Aggression: The Mediating Roles of Self-Control and Positive Affect

# Details

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## Topics

## Sample

Arab adolescents (n=284) in grades 9–12 (47.3% male, 52.7% female) were recruited
through convenience sampling techniques from ten state schools in Israel

## Implications For Policy Makers About

Stepping up awareness and empowerment

# Abstract

Internet addiction has been associated with increased engagement in aggressive behavior,
although the individual characteristics that may elevate the risk for these problematic
behaviors are unknown. The current study investigated whether self-control and subjective
well-being (indexed by positive and negative affect) mediated the association
between Internet addiction and aggression among a sample of 284 Israeli-Palestinian
students attending grades 9–12 across ten state schools in Israel. Internet addiction was
positively associated with aggressive behaviors (r = 0.33, p