Exposure to and use of mobile devices in children aged 1–60 months

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Parents of children aged 1–60 months admitted to pediatric outpatient clinics at Dr. Sami Ulus Maternity and Children’s Health and Diseases Training and Research Hospital between June 1, 2016, and August 1. 2016.

## Implications For Stakeholders About

Healthcare

# Abstract

The present study was conducted to determine young children’s (aged 1–60 months) exposure to and use of mobile devices. The study included 422 parents of children aged 1–60 months admitted to pediatric outpatient clinics. A questionnaire was administered to the parents via face-to-face interview. Children’s overall exposure to mobile devices was 75.6% (n = 319). Of the children, 24.4% (n = 103) had never used a mobile device. Among the children that had used a mobile device, 20.6% (n = 66) were aged between 1 and 12 months; 24.5%(n = 78) were aged between 13 and 24 months. The median age at the first time use of a mobile device was 12 months. The youngest child that used a mobile device was 6 months old. Tablets had a significant difference in the age at first use compared with other mobile media types (P