Šiuolaikinių informacinių technologijų įtaka vaikų ir paauglių miegui ir sveikatai

Engl. transl.: The impact of modern information technologies on the sleep and health of children and adolescents

# Details

## Year

2018

## Scope

Other

## Type

Systematic review / Meta-analysis

## Methodologies

Textual / documentary / content analysis

## Researched Groups

Children

## Children Ages

* Preschool (0-5 Years old)
* Kids (6-10 Years old)
* Pre-adolescents (11-13 Years old)
* Adolescents (14-18 Years old)

# Goals

To analyse the impact of modern information technologies on the sleep and health of children and adolescents