HopSport Italia nella scuola secondaria di secondo grado

Engl. transl.: HopSport Italy in secondary school

# Details

## Year

Not reported

## Scope

National

## Countries

Italy

## Type

Empirical research – Experiment/Intervention

## Methodologies

Other

## Other Methodology

Intervention

## Researched Groups

Children

## Children Ages

Adolescents (14-18 Years old)

## Informed Consent

Consent not mentioned

## URL

http://hopsports.com/hopsports-research

# Goals

"The international HOPSport® project [...] is based on the use of a digital platform. The platform features physical activity videos, educational information, and messages from government institutions, sports, athletes, and celebrities aimed at implementing physical activity for improved health and quality of life as outlined by the WHO [...]. The platform uses in a combined way entertainment, physical education, and fitness to enrich the school physical education offerings of the curriculum with additional breaks [...] of physical activity in the school routine. (Cazzoli, 2015, p.289, translated).