Digital Well-being—Schools

# Details

## Year

2018

## Scope

National

## Countries

Italy

## Type

Empirical research – Mixed methods

## Methodologies

Survey

## Researched Groups

Children

## Children Ages

Adolescents (14-18 Years old)

## Funder

University of Milano-Bicocca; Fastweb

## Funder Types

## Informed Consent

Consent not mentioned

## Ethics

Ethical considerations not mentioned

## URL

https://www.digitalwellbeing.eu/digital-wellbeing-schools/

## Data Set Availability

Not mentioned

# Goals

The Digital Well-being – Schools project carried out the first randomised trial in Italy on the efficacy of media education. The impact of a systematic media education course was tested in a sample of randomly selected classes, compared with a control sample.

The “Digital Well-being” project is the product of research work carried out by a research group in the department of Sociology and Social Research at the University of Milano– Bicocca. The project was developed and completed thanks to being selected in the “Innovation Project Grant” tender held by the University.