Using Sport and Wellness Technology to Promote Physical Activity: An Intervention Study among Teenagers

# Details

## Year

2018

## Scope

Local

## Countries

Finland

## Type

Empirical research – Quantitative

## Methodologies

## Researched Groups

Children

## Children Ages

Other

## Other Childrens Age Group

13-15 years old

## Consents

Consent obtained from parents

## Informed Consent

Consent obtained

## Ethics

Ethical considerations not mentioned

## URL

https://scholarspace.manoa.hawaii.edu/bitstream/10125/59575/0135.pdf

## Data Set Availability

Not mentioned

# Goals

"This intervention study focused on whether using a sport and wellness technology application could affect the physical activity intention of teenagers, its antecedents, and the antecedents’ effects on intention by using the theory of planned behavior combined with the concept of self-efficacy as a theoretical framework."