Gambling addiction in adolescence: betting, technologies and drug use

Engl. transl.: Gambling addiction in adolescence: betting, technologies and drug use

# Details

## Year

2015

## Scope

Local

## Countries

Spain

## Type

Empirical research – Quantitative

## Methodologies

Survey

## Researched Groups

Children

## Children Ages

## Funder

La Caixa Foundation

## Funder Types

Foundation

## Consents

Consent obtained from school officials / principal

## Informed Consent

Consent obtained

## Ethics

Ethical considerations not mentioned

## URL

https://observatoriosociallacaixa.org/en/-/la-adiccion-al-juego-de-azar-en-la-adolescencia-apuestas-tecnologias-y-consumo-de-drogas

# Goals

Gambling is a health hazard because it is addictive. Adolescents are a vulnerable population group in this respect. This article presents a study carried out in 2019 of 1,934 lower secondary, upper secondary and training cycle pupils at 26 schools in the Valencian Community. The data was collected during the application of the gambling addiction prevention programme Ludens, a universal gambling prevention program that was developed at the Universitat de València. The program has been implemented for seven years in schools in the municipality of Valencia thanks to the collaboration with Valencia City Council’s Addiction Service. The results obtained show that adolescents’ favourite type of gambling is sports betting. The most addic-tive type is online slot machines. Boys exhibit higher gambling rates than girls, and also a greater preva-lence of addiction. As occurs with other addictions, adolescents who suffer from gambling addiction also have comorbidity (coexistence of different mental disorders) with other addictions, primarily to alcohol and tobacco; comorbidity with technology addictions is not so notable.