Patterns of internet use and mental health of high school students in Istria County Croatia: cross-sectional study

# Details

## Year

2013

## Scope

Local

## Countries

Croatia

## Type

Empirical research – Quantitative

## Methodologies

Other

## Other Methodology

Cross-sectional survey as part of a pseudo-longitudinal monitoring study

## Researched Groups

Children

## Children Ages

Adolescents (14-18 Years old)

## Funder

Department of Health and Social Welfare of Istria County, Croatia

## Funder Types

Regional Government

## Has Formal Ethical Clearance

## Consents

Other

## Informed Consent

Consent obtained

## Ethics

Ethical considerations and/or protocol mentioned in the research design

## Data Set Availability

Not mentioned

# Goals

"The aim of this research was to examine associations between different forms of internet use and a number of psychological variables related to mental health in adolescents." Bezinović et al, 2015, 297
Authors hypothesised that "problematic internet use is associated with externalized symptoms and other negative indicators of mental health. Exposure to victimizing and disturbing content on the internet is associated with internalized symptoms and negative indicators of mental health. Prosocial internet use (aimed at connecting with peers and entertainment) and internet use for school purposes are associated with positive aspects of mental health. Problematic internet use is present more often in young men, while exposure to disturbing content on the internet is more frequently experienced by young women." Bezinović et al, 2015, 298