Social media use in adolescence: sleep quality, anxiety, depression and self-esteem

# Details

## Year

Not reported

## Scope

Local

## Countries

United Kingdom

## Type

Empirical research – Quantitative

## Methodologies

Survey

## Researched Groups

Children

## Children Ages

## Funder

N/A

## Has Formal Ethical Clearance

## Consents

Consent obtained from children

## Informed Consent

Consent obtained

## Data Set Availability

Not mentioned

# Goals

To examine how social media use related to sleep quality, self-esteem, anxiety and depression in children aged 11-17 years